



# A WORD FROM TMYL'S EXECUTIVE DIRECTOR

Happy New Year! 2023 was another year for the record books for TMYL – we served more youth, engaged kids in more hours of physical activity and academic tutoring. We also had a great year on the fundraising front thanks to a highly successful Lansing fundraiser, several grants (including one from the state of Michigan for \$50,000!), and generous supporters like you.

We are proud about the impact of our work in 2023. More than the impressive statistics you will read in the following pages, I'm excited and humbled as we hear from parents and teachers about the significant influence the program is having on their youth. Our focus as a team has been investing in ongoing education surrounding evidence-based best practices to ensure our programs are having maximum impact. This is truly what TMYL is all about!

The successes we have experienced and the challenges we have overcome have made us more eager for the year ahead and all that we hope to accomplish. We have more opportunities for the future than we could have imagined even a few years ago! We are currently engaging in thoughtful and strategic conversations about what the future holds for TMYL and the youth, families, and communities we serve. We cannot wait to share more updates with you as our plans unfold and come to fruition!

There is no adequate way to thank you for being a part of the TMYL family! Your support is integral to our ability to serve youth and set them up for success in life, in school, and on the court.

With Regards,

Rebecca Gohnsen

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In 2023, TMYL worked around the clock to serve the youth of Lansing, providing tennis, tutoring, and life skills opportunities all year-round.

Our year started and ended with a focus on school year programming. During each semester, our dedicated coaches and tutors provided over 18 hours of tennis instruction and over 8 hours of academic tutoring every week. We tried to spread our reach as far as possible to meet kids where they are and serve them well including Friday nights, Sundays, weekday afternoons, and during lunchtime in 3 schools.

Once summer came, it was all hands on-deck! Our team led 8 weeks of programming across two locations and hosted full-day programming for Riddle Elementary School students during that time. It was a highlight of our year to get more quality time with these Riddle kids, spending mornings on the court for tennis and afternoons in the classroom for learning and enrichment.

We love that we can deliver a variety of programs to meet the diverse needs of our community.





93%



# 17,723

Hours of Physical Activity Engaged





5,337
Youth Served

3,805

Hours of Academic Tutoring Engaged



# IMPACT OFF THE COURT

TMYL strives to ensure the youth in our programs develop crucial social and emotional skills linked to long-term success in education and life. Social and emotional learning (SEL) involves acquiring and applying skills for emotional understanding, goal setting, empathy, positive relationships, and responsible decision-making. SEL qualities are increasingly recognized as essential for employment and earnings, yet many job candidates lack these soft skills. Amid current societal challenges, there's a heightened need for promoting non-academic skills like positive identity, social skills, and self-management. TMYL programs incorporate research-backed practices, such as the Theory of Change, to address these needs effectively.

Learn more about the **Theory of Change** by scanning the QR code and watching this brief 3 minute video from Hello Insight.



SEL skills are regularly assessed to ensure that each young person is on a pathway toward success. To accomplish this, TMYL uses an online learning and evaluation platform – Hello Insight, to deploy scientifically validated tools and analytics that have been tested and statistically validated through surveying more than 250,000 young people in over 1,500 programs nationwide.

Check-In surveys assess young people's experience of key positive youth development practices that have been correlated with the types of SEL growth that lead to long-term academic gains, career and workforce development, positive behaviors, and increased thriving during TMYL's various programs. Additionally, Check-In surveys identify which positive youth development research-based experiences are areas of strength, as well as which experience could be enhanced in TMYL's programming according to the young people being served.







Over the past month, we assessed the SEL development of 56 young people participating in TMYL's Friday Night Tennis programming. The positive youth development research-based experiences we measured included: **Engage Authentically, Promote Peer Bonds, Manage Goals, Expand Interests, Share Power, and Challenge Growth**.

#### 2023 Check-In Results



#### **Program Satisfaction**

**84%** of the young people in this program reported having the willingness to recommend this program to a friend.

#### **Experience Findings**



**79%** of the young people in this program reported experiencing authentic engagement. In our program, young people build relationships with adults who take the time to get to know them by listening and understanding who they are — their cultural and lived experiences, their interests, and their passions.

**90%** of the young people in this program reported working with an adult who carved out time in their day to learn about and listen to them. Young people in our program felt that adults took the time to really understand young people and their lives outside the program.

TMYL is dedicated to ongoing learning and improvement. Therefore, we used the Check-In Survey results to understand young people's experiences and improve the quality of our services. All TMYL Youth Instructors and Mentors are engaging in continuous learning and professional development surrounding the areas of growth highlighted in the survey results.

\*Access to Hello Insight is generously provided by the USTA Foundation













#### **2023 Cheers to Chicago**

This year we paid homage to the generous support of our community in the windy city with our Cheers to Chicago fundraiser. It was two great days in May filled with private lessons, tennis clinics, and an evening reception with founder Todd Martin where we got together to celebrate all the accomplishments we've been able to achieve together in the past year. Energy was high, hearts were generous, and we couldn't be more thankful for each and every person who participated!

#### **Event Sponsors**

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- Koval Distillery
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- · Max Ziegler
- Nancy Vitucci
- · Paul Torricelli
- · Revolution Brewing
- Spa Spazio Nail Salon
- Teri Emerson
- · Trent Clark
- · Western & Southern Open







#### 2023 Champions Weekend

We switched things up a bit in Lansing this year, holding our annual Champion's Reception at UrbanBeat in Old Town. It was a lively, intimate evening with refreshments, music by John Beltran, and the unexpected surprise of dogs in costume parading just outside for Old Town's dog trick-or-treat night. All of our guests showed up with enthusiasm and a spirit of giving. We couldn't be more humbled by the generosity from our attendees! To round out the weekend, we hopped on the court with Todd, holding an Adult and Kids Clinic, as well as a special clinic for our Riddle After School Program kids.

#### **Event Sponsors**

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# YEAR IN REVIEW

\$518,865.64

Endowment balance as of 12/31/2023

#### **IN-KIND DONORS**

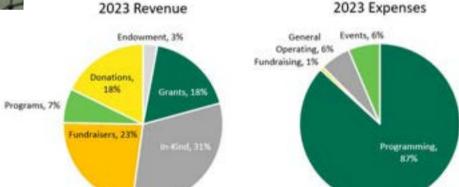
- Amy BissonetteBell's Pizza

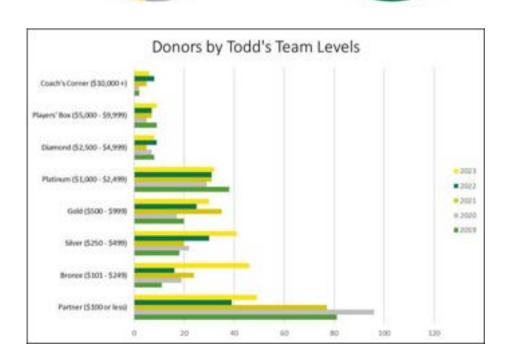
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- USTA/Midwest Tennis & Education Foundation





TMYL exists to prepare young people, especially those from under-resourced families and communities, for success as individuals and as active, responsible citizens through innovative tennis, education, life skills, and leadership development programming.

#### **CONTACT INFO**

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#### **SOCIAL MEDIA**



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