

Inspiring Youth to Serve







# **VOLUNTEER OPPORTUNITIES**

TMYL relies heavily on volunteers to run and enhance the quality of our programs. We know that it takes a village to impact the lives of youth and we believe that the unique skills and experiences of our volunteers are integral to shaping the lives of our participants. Each year, TMYL utilizes close to 90 volunteers that provide nearly 2,000 hours of services to our youth.

All volunteers will have to complete a background check through the City of Lansing prior to volunteering in order to ensure the safety of our youth.

# SCHOOL YEAR TENNIS

This is a program for 6-18 year olds that provides instruction for beginners through competitive Varsity players and focuses on skill development, match play and strategy, and fitness.

VOLUNTEER RESPONSIBILITIES - play in, instruct, just have fun on the court!

### FRIDAY NIGHT TENNIS

LOCATION: Sparrow Michigan Athletic Club (2900 Hannah Blvd, East Lansing)

2023 WINTER/SPRING DATES: January 13th- March 17th (Winter), and April 7th-May 26th (Spring)

**DAYS/TIMES:** Fridays 5:30 - 6:30pm (6-10 year olds) / 6:30 - 8:00pm (11-18 year olds)

#### LETTS WEEKDAY RED & ORANGE BALL

**LOCATION:** Letts Community Center (1220 W Kalamazoo Street, Lansing)

2023 WINTER/SPRING DATES: January 9th- March 16th (Winter), and April 3rd-May 25th (Spring)

**RED BALL DAYS/TIMES:** Mondays, Tuesdays, & Wednesdays 5:15pm-6:00pm **ORANGE BALL TIMES:** Tuesdays 6:00pm-7:00pm & Thursdays 5:15pm-6:15pm

# LANSING SCHOOL DISTRICT PROGRAMS

Students in the Lansing School District have limited opportunities for physical activity and athletics. In order to provide these students with more time to participate in athletics and structured play TMYL provides Lunch Time Tennis and Mid-Day Movers programs. Students learn the game of tennis, practice tennis skills, and participate in fun, fitness activities like the agility ladder and jump rope. All volunteers must complete a Lansing School District background check.

VOLUNTEER RESPONSIBILITIES - play or join in on the activities and build relationships with the students

#### **DAYS/LOCATIONS:**

- Mondays 10:00am-1:00pm: Gardner International Magnet School (333 Dahlia Dr, Lansing, MI 48911)
- Tuesdays Fridays 11:30am 1:00pm: Riddle Elementary (221 Huron St, Lansing, MI 48915)
- Thursdays and Fridays 2:00pm 3:20pm: Cavanaugh Elementary (300 W Cavanaugh Rd, Lansing, MI 48910)







# RIDDLE AFTER SCHOOL PROGRAM

TMYL works closely with Riddle Elementary to provide an after-school program for their students (grades K-3) two days a week. The program includes tennis, academic support, and life skills activities.

#### **VOLUNTEER RESPONSIBILITIES**

- Assist youth in completing homework assignments and provide academic tutoring help in core subjects.
- Assist with life skills lessons in small groups, and mentor youth who may struggle with academic, social emotional responses, etc.
- Potential to assist with tennis instruction.

### **DETAILS**

2023 WINTER/SPRING DATES: January 10 - June 7

**DAYS:** Tuesdays and Wednesdays

TIME: 4:00pm - 6:00pm

LOCATION: Letts Community Center (1220 W Kalamazoo St, Lansing, MI 48915)

# **ACADEMIC TUTORING PROGRAM**

TMYL works with youth ages 6-18 to improve or maintain their academic success by providing help with homework, additional academic support where needed, and access to online learning programs. In addition, participants engage in life skills lessons that focus on self-management, self-awareness, social awareness, relationship skills, and responsible decision-making. TMYL aims to provide 1:1 or 1:2 tutoring for participants.

#### **VOLUNTEER RESPONSIBILITIES**

- Assist youth in completing homework assignments and online reading and math program assignments
- Provide academic tutoring help in core subjects
- Integrate life skills into each session, including completing activities from the life skills binder

### **DETAILS**

2023 WINTER/SPRING DATES: January 9th - May 25th

**DAYS:** Mondays and Thursdays

TIME: 3:30pm - 5:30pm

**LOCATION:** Foster Community Center (200 N. Foster Ave)

### STEPS TO BECOME A VOLUNTEER:

- 1. Visit us at <a href="www.tmyl.org/volunteer">www.tmyl.org/volunteer</a>
- 2. Fill out the Volunteer Interest form
- 3. Complete <u>background check</u> and email to rebecca.johnson@tmyl.org
- 4. Complete LSD background check (if applicable) and email to rebecca.johnson@tmyl.org
- 5. Complete Volunteer Policies (will be emailed to you via PandaDoc)

